The special nature of the residency programs requires extensive clinical activity and availability to patients at times other than the regular working day. In addition, residency programs have a demanding academic component that requires continual personal effort. UCSD Department of Anesthesiology views residency a full time endeavor and its general policy does is not to allow moonlighting by its residents. However, under certain extraordinary circumstances such as extreme and unforeseen economic hardship, the program director will consider requests for an external moonlighting on an individual basis.

If resident’s request for moonlighting is approved, the program director must provide a written statement of permission, and this will become part of the resident’s file. The program director will monitor resident performance to ensure that moonlighting activities are not adversely affecting patient care or learning. If the program director determines that the resident performance is deficient, the permission to moonlight may be withdrawn. The program director may require detailed information on the timing and level or activity to assure it does not cause fatigue or interfere with patient care and the goals and objectives of the program. This information will be kept by the program director.

Because residency education is a full time endeavor, the resident must ensure that moonlighting does not interfere with their ability to achieve the goals and objectives of the educational program. All moonlighting hours must be counted toward the 80-hour weekly limit on duty hours. Residents are responsible for ensuring that the addition of moonlighting hours does not result in a work week in excess of the 80-hour maximum, or result in fatigue which might affect patient care or learning.