Continuous Nerve Block Catheter Instructions  
(I-Flow On-Q Pump)

- It is normal for your fingers/toes to be numb until the morning after surgery—you do not need to do anything.
- A health-care provider will call you for daily follow-up.

If you have pain:

- Push the blue button on the pump and wait 15 minutes for the effect.
- If after 15 minutes you still have pain, take 1-2 pain pills prescribed by your surgeon.
- The blue button will work only one time every 60 minutes, so you cannot mistakenly give yourself too much medicine.

If any of your fingers/toes become completely numb:

- Close your eyes and ask someone else to touch each of your fingers/toes. It is normal for your fingers/toes to feel unusual. However, if there is any finger/toe that you cannot feel, you need to turn the pump off until you regain feeling in all fingers/toes:
  - Turn the “Select-A-Flow” dial to 0 (zero)
- Later in the day/night, when you can feel someone else touching all of your fingers/toes, turn the pump back on:
  - Turn the “Select-A-Flow” dial to HALF the previous rate
- If your pump is off for more than 3 hours and you still cannot feel one or more of your fingers/toes, call your health-care provider.

If your pump does not get smaller/light during the day/night:

- Call your health-care provider.
Other Instructions:

- You **must not drive** any vehicle or operate potentially dangerous machinery while you have your catheter in place.
- Please keep your sling and/or splint on unless doing physical therapy.
- Very rarely, the catheter may fall out. If this occurs, take 1-2 of your pain pills, turn off the infusion pump using the instructions above, and call your health-care provider.
- It is **normal** for fluid to leak from the catheter site. Put a cloth over the site to absorb the extra fluid.
- Do not do not get the catheter, pump, or your bandages wet while bathing or in rain.

If you notice any of the symptoms listed below, **STOP** the infusion pump and immediately call the number below.

- Rash or hives
- Numbness around the mouth
- Metallic taste
- Ringing in the ears
- Lightheadedness
- Nervousness
- Confusion
- Chest pain
- Twitching
- Convulsions / Seizures

Contact Dr. ___________ at any time day or night:

Primary#: (___) ___-____  Alternate#: (___) ___-____